



Pole  Pole

BREAKFAST
Menu

Tea's

Black tea , Chamomile tea, Masala tea, Green or Peppermint Tea

Coffee's

Italian Moka, French Press, Cappuccino,
Macchiato or Tanzanian Instant Coffee

Fresh Juice

Please ask the waiter for our fresh juice of today

Pastry

Homemade Muffins

Fruits

Fruit salad with seasonal fruits

Yoghurt

Homemade natural Yoghurt

Breakfast Cereals





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Homemade bread

Butter, homemade jam, homemade peanut butter or Tanzanian honey

Eggspectacular

Fried eggs

Scrambled eggs

Poached eggs

Boiled eggs

Chips mayai (Swahili dish which is a omelet with chips)

Omelets with following ingredients: onions, cheese, green pepper, tomatoes

Zucchini Omelet rolled with ham and cheddar cheese

Meat options

Beef sausages, Pork bacon * (if available)

Samosa beef(flour, mince meat, onion, curry powder, sunflower oil, seasonings)

Suppli di carne(beef, tomatoes, seasonings, rice, eggs, flour, veg oil, carrots, celery, onions)

Polpette di carne al pomodoro (beef, tomato, seasoning ,onion, garlic, parsley, basil eggs)

Tramezzini tonno e uova (flour, tuna, eggs, olive oil, seasonings, mayonnaise)

Vegetarian options

Samosa vegetarian (flour, sunflower oil, cabbage, carrot, zucchini, onion, green pepper, green peas, curry powder, seasonings)

Suppli al pomodoro (tomatoes, seasonings, rice, eggs, flour, veg oil, carrots, celery, onions)

Beans in coconut milk (coconut milk, onion, tomato, beans & salt)

Tramezzini cheese and tomato (flour, tomato, cheese, olive oil & seasoning)

Tramezzini avocado, tomato & cucumber *cheese if you desire (flour, tomato, cucumber, olive oil, seasoning, avocado)

