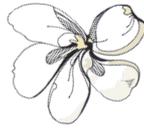


ALASIRI SPA

Welcome to the Alasiri Spa.

You can enjoy a variety of rejuvenating treatments in our peaceful centre located in the garden surrounding the swimming pool, or in your room.



MASSAGES

SWEDISH

60 minutes

It is a relaxing and rejuvenating massage that relieves the muscles and tissues from strain and gives the body a relaxed feeling. It can be slow and gentle or vigorous and bracing, depending on the pressure required.

Per person \$50
Couples \$80

DEEP TISSUE

60 minutes

The Deep Tissue Massage is designed for re-aligning the tissues and muscles mainly in longterm or chronic issues. It uses the same technique as the Swedish Massage, but with an intense pressure.

Per person \$50
Couples \$80

BACK & NECK

30 minutes

This is an ideal treatment for relieving tensions and to threat muscular pains. Let your aches away with a full back, neck and shoulders massage, concentrating on those high-tension areas.

Per person \$30
Couples \$50

FOOT & LEG

30 minutes

A lymphatic drainage massage for relieving the knots on the legs and make the feet relaxed. It involves application of pressure to the feet with specific thumb, fingers and hand techniques.

Per person \$30
Couples \$50

ALASIRI SPA



SPA OPENING HOURS

Open from 9.30 to 19.30

For bookings please enquire with the management.
The last treatment starts at 18.30.

SPA ETIQUETTE AND TIPS

Take a shower before your treatment. This will also help you relax and enhance your experience.

You will be covered with a towel during most treatments and only the part of your body being treated will be exposed. You can keep your underwear on or use the disposable underwear we provide. For foot & leg massage you can stay fully clothed.

If you are uncomfortable with anything during your treatment – the pressure, the temperature – feel free to mention this to the therapist so that she/he can change it to your liking.

Please assist us in providing excellent service by giving honest feedback of your experience to the therapist or manager on duty and filling our Guest Questionnaires at the end of your stay. We thank you in advance for your time.

